

Gary Millen 5K Road Race and 5K Walk

[Register Here!](#)

Saturday, October 2, 2010
9:30 A.M., Kennett High School
Conway New Hampshire

Primary Sponsors: Settler's Green & Northway Bank
All proceeds to benefit co-curricular programs at Kennett High School
Check-In Begins at 8:30

COURSE DETAIL: Computerized timing with wheel-measured course. Course begins and ends in Gary Millen Stadium. Spring water stops at start, 1.5 mile mark and finish. Great prizes!

AGE DIVISIONS: 14&Under; 15-19; 20-29; 30-39; 40-49; 50-59; 60 & over

AWARDS: Runners - Overall Male/Female. Kennett High School Male/Female Teacher. Kennett High School Male/Female Student. Top 3 finishers in each age group.
Walkers – Overall Male/Female. Kennett High School Male/Female Teacher. Kennett High School Male/Female Student.

T-SHIRTS: Three-color short-sleeve t-shirts to all runners pre-registered by September 18. A limited number of t-shirts will be available to post-registered runners on a first-come, first served basis.

REGISTRATION FORM (Please include all information including age, gender and walker vs. runner)

Last Name	First Name	MI	Home Phone	E-Mail
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Mailing Address	City/Town	State	Zip Code	Age on 10/2/2010	Gender
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Pre-register by 9/18/10	T-Shirt Size	S	M	L	XL	XXL	Walkers Check Here ____
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Pre-registration fee - \$12, Race-Day - \$15. Checks Payable to Gary Millen Road Race, P.O. Box 877, Center Conway, NH 03813 or

Register on-line at whitemountainmilers.com

Inquiries to Jack Loynd email: jloynd@comcast.net telephone: (603-447-1351)

WAIVER AND RELEASE OF LIABILITY

Participation in the 5K Road Race and Fitness Walk may involve risk of injury including but not limited to sprains, torn muscles, cramps and heat exhaustion. As a participant, by signing this form I attest and verify that I have full knowledge of the risks involved and that I am physically fit to participate in the 5K Road Race and Fitness Walk. I hereby for myself, my heirs, executors and administrators waive and release all rights and claims against the Gary Millen Foundation and Kennett High School, for any liability in case of death or injury during participation in this race.

SIGNATURE (IF UNDER 18 MUST BE SIGNED BY PARENT)

DATE